

TASTE By **Steven Oliver**

# Bright, New & Shiny

---

## What's Hot

**W**ith Memorial Day being our diving board into summer, it seems only fitting that May is National Hamburger Month. So, What's Hot for May is the hamburger. And do you have any idea where that patty and bun came from? No, not the first McDonalds, but rather mid-19th-C. Germany, when it was referred to as the "Hamburg Steak," which was found in the town of Hamburg.

It's also said that in 1885 the Menches brothers, who were serving pork sausage sandwiches at the Erie, NY, County Fair, ran out of pork and substituted ground beef, naming their creation after Hamburg, New York, where the fair was held.

This holiday BBQ and restaurant favorite has many new variations, from fast food to gourmet; enjoy your own style of hamburger with all the trimmings at these locations:

- Epic Roasthouse, 369 Embarcadero